

THE CHOICE IS OURS

"Come to me, all you who labour and are heavy laden and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls." (Matthew 11:28-29)

We live in a world gone wrong, one that was created perfect but now suffers the ravages of sin: death, violated relationships, children born with disabilities, deformities, disease, man's inhumanity to man, moral failures, tragedies of major proportions, chaos. It is indeed a broken world. It is one thing to shake our head at the mess of the world. It is another to confront the reality of it in our own lives.

*When we stand in the middle of a life storm, it seems as if the storm has become our way of life. We cannot see a way out. We are unable to chart a course back to smoother waters. We feel defeated and broken. Will that brokenness produce in us the cynic that will keep us thinking "if only". Or will we yield up that brokenness to the resources of One who calms the winds and the waves, heals the broken-hearted, and forgives the most grievous of sins? **THE CHOICE IS OURS.***

Lord, help me this day to trade in my hurting heart for a heart full of wholeness and joy. Bless me, as I too bless another. Amen.